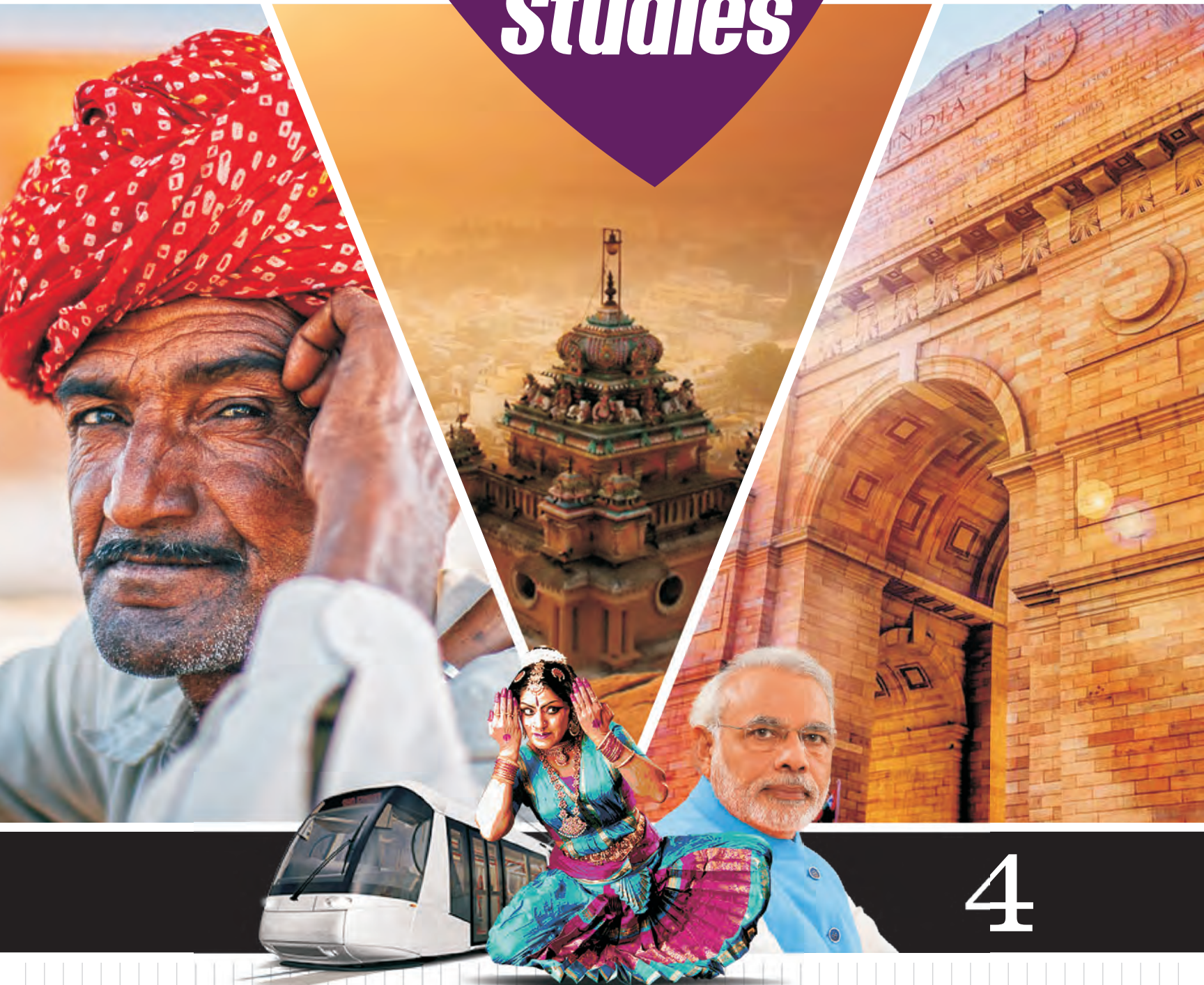




Our Social Studies

- History
- Social and Political Life
- Geography



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**Behind Silver Line School,
Laxmipuram, Rajpur Chungi, Agra**

New Edition

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Preface

To imprint an integrated and comprehensive understanding of the environment with emphasis on the interrelationship of the natural and the social environments, a series of books on social studies from class 1 to 5, has been developed. **Our Social Studies** is an comprehensive Series on Social Studies that is founded on NCERT's latest scheme with guidelines, the series encourages a continuous and spirited learning experience, nourished by a prompting evaluation task.

The purpose of the Series, Synonymous with those of the National Focus Group on the Teaching of Social Studies at the primary stage, are :

- To sharpen Social, cultural, and analytical skills required to adjust on an progressively interdependent world.
- To make the children aware of Social issues and develop respect for difference and diversity in children.

Applying a multi-disciplinary approach, it promises a solid foundation to the primary students for further learning in the middle school. Part 1 and 2 supply the children, an extensive knowledge of their immediate surroundings and the world around them, hence acquaint them with the concept of Social Studies.

Parts 3 to 5 supply a calculated inclusion of the important and appropriate elements of geography, history, social and political life.

Unique Features

- **Focus On** highlights the main concept of the lesson providing it a certain direction.
- **HERE, WE Go.....** are the start-up activities based on previous knowledge and observation skill.
- **Follow It** is a precise effort to inculcate life skills.
- **Fact Byte** Shares surprising extract of information.
- **Let's Do** target to sharpen the thinking and analytical skills.
- **STIR UP YOUR MIND** includes worksheet, covering a wide-range of activities adding to the knowledge of the learners.
- Layout, illustrations and images are visually appealing.
- Maps and diagrams are accurate and distinct.
- Shares curious extract from all around the world.
- Four Revisions and two Test Papers are there in each book that test the knowledge of the students achieved from the lessons.
- **Flash On** outlines the points to remember.

Welcome to the moral of perfect teaching and learning.

–The Publisher

Salient Features of the book

Tools for Subjective Teaching and Learning.
Avidly devised tools that make the learning of Social Studies a remarkable experience.

5 Northern Plains

Focus On

- Location of the Northern Plains
- River Basins
- The importance of Northern Plains

HERE WE GO.....

- On which landform do you live? _____
- Which type of climate does your place have? _____
- Which landform has the most favourable conditions to live? _____
- What landform do you see in the given picture? _____

Location and Extent of the Northern Plains

The Northern Plains are located to the south of Himalayas. These plains are among the most densely populated regions of the world. These lie just about parallel to this Himalayas. They extend from Punjab in the west to the Assam in the East. These are about 2400 km long and almost 150 to 300 km wide and cover the states of Punjab, Haryana, Uttar Pradesh, Bihar, West Bengal and some parts of Assam.

Plains are flat and level land. The rivers emerging from the Himalayas flow through these plains. These vast rivers are fed with molten snow and have water throughout the year. So they are called **perennial** rivers. These rivers bring soil from upper regions. This is known as **silt** or **alluvium**, this is a fertile soil that is beneficial for agriculture.

Fact Byte

Plains exist on every continent and cover more than one third part of the world.

Northern Plains 35

Focus On contains the main objectives of the lesson giving it a precise directions.

Here, We Go... offers start up activities based on previous knowledge, thanking skills and observation skills.

Fact Byte presents interesting information bites.

Practice Time are practising tools that help to practice the key concepts in an effective way to represent students observation skill.

Practice Time

E. Which sense organ would you use :

- Your friend has taken a beautiful hat. It is blue in colour. _____
- Your mother has baked chocolate cake for you. It tastes very nice. _____
- Grandma has made Gajar halwa for you. It smells good. _____
- My puppy has white fur. It is very soft. _____
- My father is singing a song. He sings so well. _____

Tools for Subjective Teaching and Learning.

Through wide-ranging evaluation tools

Sense Organs

Sense organs help us to recognize things around us. We have 5 sense organs. Eyes, ears, nose, tongue and skin are known as the **sense organs**. These organs help us to feel the things in surroundings.

LET'S DO

How many teeth are there in your mouth?

 Ask to your friends too.

We have two **eyes**.
Eyes help us to see.

We have two **ears**.
Ears help us to hear.

We have one **nose**.
Nose helps us to smell.

We have one **tongue**.
Tongue helps us to taste.

Skin is the outer cover of our body.
Skin helps us to feel things.

FOLLOW IT

Keep all your sense organs clean too.

Flash On

- ◆ We have many body parts.
- ◆ We do all the activities with the help of our body parts.
- ◆ We have five sense organs.

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Let's Do target to sharpen the thinking and analytical skills.

Follow It is a subtle effort to instil human values and skills.

Flash On summarises the salient features to remember.

Stir Up Your Mind are substantial worksheets covering a wide-range of activities.

Stir Up Your Mind

A. Give these informations about you :

1. I have _____ brothers.
2. I have _____ sisters.
3. _____ helps me in doing homework.

B. Tell something more :

1. Your favourite dish _____	2. Your favourite game _____
3. Your favourite cartoon _____	4. Your favourite colour _____
5. Your favourite fruit _____	6. Your favourite movie _____

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